

# Thrive 365



SPIRITUAL ASCENSION  
INCUBATOR

SYLLABUS



# MONEY & MANIFESTATION MASTERY

**WEEK 1: Clearing the Money \$tories**

**WEEK 2: Revealing the Foundation of Belief**

**WEEK 3: Nurturing Your Inner Child - All Needs Met**

**WEEK 4: Law of Rhythm & Mental Polarization**

**WEEK 5: Your Container of Creation - Sacred Sacral**

**WEEK 6: Aura Clearing for Maximal Connection**

**WEEK 7: SOULar Plexus of Creation Power**

**WEEK 8: Hara/ Manipura & Identity**

**WEEK 9: Balancing the Heart Energy & Creation**

**WEEK 10: Heart Extension**

**WEEK 11: Throat Chakra Activation**

**WEEK 12: Vibration & Inner Listening**

**WEEK 13: 3rd Eye & Crown Full Creation Activation**

**WEEK 14: Wave Release Meditation**



# HEALING & RELATIONSHIP MASTERY

**WEEK 15: Opening the Healing Conversation**

**WEEK 16: Keeping Your "Windows" Clean**

**WEEK 17: Easy Mind Re-patterning**

**WEEK 18: The Only Relationship**

**WEEK 19: Moving through Emotional Triggers & UP the Emotional Scale**

**WEEK 20: Healing Yourself - Maintaining a clear Aura**

**WEEK 21: Clearing, Relationships, "Yours/Mine" & Unity Consciousness**

**WEEK 22: Healing Relationships - Attention is the Universal Currency**

**WEEK 23: Change Your DNA**

**WEEK 24: Methods of DNA Selection & Activation**

**WEEK 25: Completion & Forgiveness**

**WEEK 26: Forgiveness, The Energetic Science & Wholeness**



# INTUITION & HIGHER SELF MASTERY

**WEEK 27: Connecting to & Inviting in the Higher Self**

**WEEK 28: Clear Intuition - Hearing the One Voice**

**WEEK 29: Discerning Your Intuitive Streams & Higher  
Self-Highest Good**

**WEEK 30: Powerful Listening - Listening to the Real**

**WEEK 31: FOCUS - Clairvoyant Expansion**

**WEEK 32: Tuning in for Clear Reception**

**WEEK 33: Channeling Light & 3rd Eye Prism Meditation**

**WEEK 34: The Akashic Records & Higher Self  
Experience**

**WEEK 35: Pendulum & Connecting with a Guide**

**WEEK 36: Sound, Vibration & Intuition**

**WEEK 37: Oracle Cards**

**WEEK 38: Alignment of Goals & Trance  
Communication**



# **SPIRITUAL MASTERY**

**WEEK 39: Liberation from the Limits of Physical World**

**WEEK 40: Sacred Geometry & Light Language**

**WEEK 41: Connecting with Loved Ones Past**

**WEEK 42: Releasing the Limits of the World of Behaviors**

**WEEK 43: Moving Through the Shadow**

**WEEK 44: Embracing the World of Emotions & Feelings**



**WEEK 45: Past Lives**



**WEEK 46: Reordering the World of Values & Thoughts**

**WEEK 47: Reconnecting with the Sun**

**WEEK 48: The World of Beliefs Changing World Views**

**WEEK 49: 1D to 5D & Beyond**

**WEEK 50: The World of Light & Oneness/Unity**



# **BONUS SESSIONS**

**WEEK 51 & 52: Bonus Session & Graduation Ceremony**

**MONTHLY: Creation & Healing Circles**

**WEEKLY: Live Q&A Sessions**

**DAILY: Live Check-Ins**

